

Instructions for a Proper, Classical Ballet Bun



- 1) To begin, eliminate all frizziness and “wispies” by applying water and gel to hair. Comb through the hair starting from the top of the forehead and go back.
- 2) With one hand, gather hair into a “bunch” at the back of head.
- 3) Brush hair into a ponytail and secure with covered elastic. The ponytail should be a little above the middle of the middle of the back of head (Also, called the “crown” of the head). Center the ponytail between ears, so that it not leaning to one side or the other. The picture below shows a proper bun based at the “crown” of the head – not the center of the head.



- 4) Brush and smooth hair towards the ponytail. A small, fine-tooth comb works best for this step.
- 5) Spray hairspray evenly around head covering all “fly away hairs” and “wispies” so that they flatten against the head. Comb through to remove bumps after spraying hair. Gel works best.
- 6) Twist ponytail and begin to spiral hair around the elastic, so that it makes the shape of a snail shell, cinnamon, etc. Coil hair into bun a small amount at a time and insert hairpins at every $\frac{1}{2}$ inch . . . Do this until the ponytail is wound around to make a “Snail Coil.” The bun should be as FLAT against the head as much as possible.

***IMPORTANT: DO NOT USE A BUN MAKER OR SNOOD!**

- 7) IMPORTANT!! Wrap hairnet around the bun.
- 8) Add a few extra hairpins to ensure that the bun is closely attached to head and hairnet is secure.
- 9) Add hairspray around the head and bun – Particularly around the ears, base of neck, and top of head.

- 10) Children with hair at ear length or above must secure hair with bobby pins and hairspray.
- 11) Please make sure hair is done before your child arrives to the auditorium on the days of dress rehearsal and performance.
- 12) If hair is too short, please make sure it is securely back and off the face.

***PLEASE NOTE:** Proper hair is part of ballet etiquette and dress code for Georgia Academy of Dance & the Performing Arts. It is important for ALL students of ALL ages to have proper, neat, and appropriate hair for auditions, class, rehearsals, dress rehearsals, and performances!